NEMO Senior Citizens

2815 N. Baltimore, Suite D, Kirksville, MO 63501

660-665-4494

Monday–Friday, 8 a.m.–4 p.m.

"We're here to help you every step of the way."

Who We Are

NEMO Senior Citizens Services (NEMO SCS) has been proudly serving the Kirksville community since 1973. For over 50 years we have been providing consistent and compassionate care to our area seniors. Our mission is to offer social, recreational and life-sustaining services that empower seniors (ages 60+) to maintain their independence and safely remain in their homes. NEMO SCS provides nutrition and in-home services thanks, in part, to federal and state funding, donations, grants and as an agency of United Way of Northeast Missouri.

Why What We Do Matters

Through these services, our dedicated staff members build meaningful relationships with individuals who are often isolated. We believe that everyone deserves dignity, compassion, and a good quality of life—especially during the most vulnerable stages of aging. Whether it's short-term help or ongoing support, a clean home or a warm meal—at some point, you or a loved one may need a helping hand. Our services are here to lift that burden, allowing families to focus on what matters most - caring for each other. Contacts made by staff members through the services offered help to provide wellness checks on a regular basis.

Nutrition Services

Well-balanced, nutritious meals are offered Monday-Friday through three different programs made possible through federal funding contracted through the NEMO Area Agency on Aging.

Congregate Dining/Carry-Out Meals: Plates are served in our dining room from 10:30 a.m. – 12:30 p.m. or meals may be picked up for carry-out. Individuals ages 60 years and older (or be an accompanying spouse) receive meals on a voluntary contribution basis, with a suggested rate of $4 per meal. Income is not a factor in determining eligibility. The cost of lunch for individuals under age 60 is $8.

Home-Delivered Meals: Arrangements can be made for meals to be delivered to individuals considered as "homebound." Age eligibility requirements are the same as above, however the number of persons we are able to serve are limited and waiting lists sometimes occur. This service is available to individuals residing within the Kirksville and LaPlata city limits. The suggested contribution rate is $5 per meal.

Home-Delivered Meals Authorized Through Medicaid: Individuals receiving Home and Community Based Services authorized by the Missouri Department of Health & Senior Services may be eligible to receive home-delivered meals. This service is normally limited to individuals residing within the Kirksville and LaPlata city limits. There is no expected contribution for Medicaid-authorized meals.

In-Home Services

Through our personal care, homemaker chores and family caregiver respite programs, qualifying individuals can receive assistance tailored to meet their individually assessed needs:

Personal Care: Assistance can be provided with bathing, dressing, grooming, and medically-related household tasks.

Homemaker Chores: Staff will assist with tasks such as cleaning, laundry, errands/shopping, and light meal preparation.

Family Caregiver Respite: Services such as personal care or homemaker chores may be provided individuals whose caregiver is requesting support.

In-home service costs may be paid for through a variety of methods:

- *Medicaid*: Individuals receiving Home and Community Based Services authorized by the Missouri Department of Health & Senior Services may be eligible to receive services.
- *Federal IIIB:* Funding for this program is by contract with NEMO Area Agency on Aging. Services are provided on a voluntary contribution basis. The suggested contribution for this service is $8 per hour.
- *Private pay:* The hourly fee is based on the current rate set by the State of Missouri for Medicaid services.

Educational Programming and Social Activities

Various educational programs and social activities are offered at the Center. Information about those programs can be found on our Facebook page, website and at the Center.

How You Can Help NEMO Senior Citizens Services

Although we ask individuals eating lunch in the dining room or those receiving meal delivery for a voluntary contribution, we can assure you the actual meal costs are well over the requested amount. As everyone has experienced, food costs have increased dramatically, and we are working hard to provide a nutritious meal at a very reasonable cost. With that in mind, we greatly appreciate any additional donations, above and beyond the voluntary contribution, to help support our mission. Individuals will be served regardless of their ability to contribute.

There are several different ways you can assist in supporting our organization:
- Donations of cash or a check made out to the NEMO Senior Citizens Services
- Memorial donations in honor of a loved one
- Planned gifts to the NEMO Senior Citizens Services
- Donate by going to Alliant Bank and letting the teller know you want to make a deposit into the NEMO Senior Citizens Services money market fund.

Please contact our office for more information on donating.